

The D.A.S.H.

Men's Project

103 Foxhole Road

Paignton, TQ3 3SU



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www.craftyfoxcafe.com Charity number1171977

## For Men

Are you feeling low? Anxious?

No-one to talk to?

Come and join our group and meet others who are feeling just like you!

Meetings will take place on the first
Tuesday of every month,
7pm - 8pm, starting 7th May 2019
Please call for more details

Know that you are NOT alone!